

Basic Skills Qualification IUD Insertion

Evaluation Process

Prior to seeking BSQ certification, a resident should be confident in their skills. The “Basic Skills Qualification” is printed and given to the supervising physician, where after, the resident performs the procedure under direct observation of the supervising physician. The competency assessment is completed by the supervising physician with their signature and given back to the resident. The resident then returns the competency assessment to the Academic Coordinator.

Resident: _____

	Competent	Needs Work
Pre-procedure education to patient—what will happen		
Confirm all needed materials are present and set up appropriately		
Aseptic/sterile technique maintained throughout		
Confirm negative pregnancy test and GCCT (or consider obtaining GCCT), update pap if needed		
Bimanual exam for uterine position, place speculum, adequately visualize cervix and prep cervix with betadine		
Sound uterus – uses tenaculum or dilator as needed		
Correctly deploy IUD following standard insertion protocol for IUD type		
Cut strings to 3-5 cm		
Post-procedure education to patient: -symptom control -return-to-care problems -follow-up -string check		

Faculty: _____

Date: _____

Indications:

Contraception
Menorrhagia or dysmenorrhea (Mirena)
Emergency contraception (Paraguard)

Contraindications:

Active STI
Pregnancy (when not used as EC)
Uterus < 6cm or >9cm
Undiagnosed AUB
Uterine distortion
Recent PIC
Copper allergy (Paraguard)