

Progression of Training and Skills Behavioral Science

Preamble

Resident training includes training in the biopsychosocial model of illness and health. Residents will appreciate the impact of psychiatric illness on the individual and his/her family, normal and abnormal lifespan development, medical ethics, rapport building techniques, the principles of behaviors change, and social and cultural determinants of health status. Residents will identify and treat common behavioral and emotional problems in children and adults, and will utilize community services to improve care for their patients.

The Behavioral Science Rotation is typically completed during PGY 1. Additionally, residents receive instruction and training from community faculty members including psychiatrists, psychologists and allied health professionals.

In addition to the Behavioral Science rotation, residents will consult with on-site Psychologists in order to determine appropriate treatment plans for patients with mental health problems. Didactic training is provided throughout residency training. Residents will also participate in resident support group throughout residency training.

Goals

- An appreciation of the complexity of use of psychoactive medications
- Expertise in the availability of community resources to support patients with mental health problems
- Competence in the diagnosis of mood, neurobehavioral, substance abuse, sleep, and developmental disorders
- Recognition of personal limitations and the need for appropriate consultation

Objectives

- Identify and manage psychiatric problems commonly presenting in primary care
- Understand diagnostic and treatment concerns in special populations (e.g., substance abusers, pediatric and geriatric patients) and situations (e.g., postpartum adjustment, bereavement)
- Understand psychosocial and psychiatric treatment for patients with mental health concerns and describe these specialty services as part of a comprehensive treatment plan
- Assess high risk behaviors including substance use and unsafe sexual practices
- Increase knowledge of brief supportive or solution-focused counseling techniques for use in the context of typical primary care encounters
- Increase familiarity with community resources and referral process for specialty mental health and related services including psychology, psychiatry, pain management, and sleep medicine
- Increase familiarity with, and appreciation of, social and cultural determinants of health status

[Revised and approved at the Faculty Meeting April 3, 2012]

[Revised and approved at the Faculty Retreat June 20, 2014]

Suggested Reading:

Please see Wanda for suggested reading material.